United States Park Police Washington, D.C.

APPLICANT CHECKLIST ATTENTION APPLICANTS

This checklist is provided to assist you with the organization of the requested information. Failing to provide this information in a timely manner will delay the processing of your application and jeopardize your consideration for employment with the United States Park Police. Please bring original documents for review, and 1 copy of each document for submission. Please provide three photocopies of your driver's license. There will not be a copier available.

NOTE: THE PERSONAL HISTORY STATEMENT MUST BE SIGNED, DATED AND NOTARIZED ON PAGE 69.

USE THE FOLLOWING CHECKLIST AS A GUIDE TO COMPLETE THE DOCUMENTS ENCLOSED The following documents must be completed and provided at the screening orientation:

Pre-appointment Certification Statement for Selective Servi	ice Registration (on USPP letterhead)
Credit Release Form (complete both sides and sign)	
Employment History data sheet (provide all employers,)	full and part time, as well as any structured volunteer service)
DD-214 for Veterans preference (<i>if applicable</i>)	
SF-180 Request for Military Records (<i>if applicable</i>)	
The following documents must be reviewed by a physician Information Release Form (signed by applicant and nota	
Physicians Consent Form (signed by applicant and stamp	ped by physician prior to taking the PEB)
Personal History Statement **** (Sign last page and ha	ive the document notarized)
Copies of the following documents must be provided: Three copies of your current valid drivers license (your	,
Certified Motor Vehicle Driving Record (provide recor Tax Return documentation for the past two years (provide proof that you filed you taxes and that each co	
Copies of any SF-50's (Declaration for Federal Emplo	yment) for Merit Status applicants
• Additional informatio	on that will be required:
Original Birth Certificate (provide copy) High School Diploma or GED Certificate (with test scores) College Diploma and/or Official transcript Naturalization Certificate (if applicable) Marriage License (provide copy)	Court documents, including: (provide copies) Separation, Divorce, Annulment papers Legal Name Change Adoption Bankruptcy Criminal/Civil/Traffic Court actions (if applicable)



NATIONAL PARK SERVICE UNITED STATES PARK POLICE

Headquarters 1100 Ohio Drive, S.W. Washington, D.C. 20024

INSTRUCTIONS FOR COMPLETING ENCLOSED FORMS

FORM	INSTRUCTION			
OPTIONAL FORM 5, INQUIRY TO AVAILABILITY	This form must be completed. Failure to reply to this inquiry will result in the removal of your name from the competitor inventory used to fill this position			
PHYSICIAN CONSENT FORM	This form must be signed and stamped by your physician and presented on the scheduled date of your Physical Efficiency Battery (PEB)			
INFORMATION RELEASE (USPP FORM 72)	This form must be completed and notarized!			
CREDIT REPORT RELEASE FORM	This form must be completed on both sides.			
UNITED STATES PARK POLICE PERSONAL HISTORY STATEMENT (BLUE BOOK)	Read all the instructions carefully and complete this booklet in black ink. The essay must be hand written. This document must be notarized at the appropriate section on the signature page			
SF-180 REQUEST OF MILITARY RECORDS	Read the instructions carefully. If this form does not apply to you, return it with the remainder of your application package			
PRE-APPOINTMENT CERTIFICATION STATEMENT FOR SELECTIVE SERVICE REGISTRATION	Complete and sign the form. If you are required to register with the Selective Service, you must provide proof of registration. Include your Selective Service Acknowledgement letter, registration card or other documentation showing your selective service registration.			
APPLICANT DCOUMENTATION FORM	Complete and sign this form. This form is required of any applicant who may wish to defer employment.			
	NS WILL DISQUALIFY YOU FROM FURTHER ITH THE UNITED STATES PARK POLICE			
PLEASE BRING ALL FORMS WITH YOU ON THE SCHEDULED DATE OF THE PEB.				
IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE HUMAN REOURCES OFFICE AT (202)619-7056 BETWEEN 9:00 AM AND 5:00 PM MONDAY THROUGH FRIDAY				

THANK YOU FOR YOUR COOPERATION



NATIONAL PARK SERVICE UNITED STATES PARK POLICE

Headquarters 1100 Ohio Drive, S.W. Washington, D.C. 20024

IN REPLY REFER TO:

APPLICANT DOCUMENTATION FORM

Name:	SSN:				
ADDRESS:	TELEPHONE:				
DATE OF WRITTEN TEST:	LOCATION:				
I am declining employment with the U.S. Park Police	because:				
*I would like to defer ampleyment with the United Ct	ates Davis Dalies hassausse				
*I would like to defer employment with the United St	ates Park Police decause:				
NOTE: If you are deferring employment with the Un	ited States Park Police,				
you must complete this form and return to:					
	Recruiting Sergeant				
	s Park Police				
	ources Office Drive S.W.				
	m 177				
	n, DC 20024				
(202) 619-7056					
* DI EACE VEED A CODY OF THIS DOCUME	ENT FOR VOUR RECORDS				
* PLEASE KEEP A COPY OF THIS DOCUME Signature	Date:				
Signature	Date:				
Received By:	Date:				
Received by:	Date.				



NATIONAL PARK SERVICE UNITED STATES PARK POLICE

Headquarters 1100 Ohio Drive, S.W. Washington, D.C. 20024

IN REPLY REFER TO:

Legal Signature (please use ink)

PRE-APPOINTMENT CERTIFICATION STATEMENT FOR SELECTIVE SERVICE REGISTRATION

Important Notice	If you are a male born after December 31, 1959, and You want to be employed by the Federal Government You must (subject to certain exemptions) be registered with the Selective Service System.				
Privacy Act Statement	We need information on your registration with the Selective Service System to see whether you are affected by the laws we must follow in deciding who may be employed by the Federal Government.				
Criminal Penalty Statement	A false statement by you may be grounds for not hiring you, or for firing you after you begin work. Also you may be punished by fine or imprisonment (U.S. Code, Title 18, Section 1001).				
Review	If your employing agency has informed you that you cannot be appointed to a position in an executive agency because of your failure to register, and you wish to establish that your non-compliance with the law was neither knowing nor willful, you may write to:				
OPP#W	U.S. Office of Personnel Management NACI Center IOD-SAB Boyers, Pennsylvania 16018				
	FICATE OF REGISTRATION STATUS stered with the Selective Service System.				
					
() I certify that I am not System.	required to be registered with the Selective Service				

Date Signed (please use ink)

INSTRUCTION AND INFORMATION SHEET FOR SF 180, REQUEST PERTAINING TO MILITARY RECORDS

- 1. Information needed to locate records. Certain identifying information is necessary to determine the location of an individual's record of military service. Please try to answer each item on the SF 180. If you do not have and cannot obtain the information for an item, show "NA," meaning the information is "not available." Include as much of the requested information as you can.
- 2. Restrictions on release of information. Release of information is subject to restrictions imposed by the military services consistent with Department of Defense regulations and the provisions of the Freedom of Information Act (FOIA) and the Privacy Act of 1974. The service member (either past or present) or the member's legal guardian has access to almost any information contained in that member's own record. An authorization signature, of the service member or the member's legal guardian, is needed in Section III of the SF180. Others requesting information from military personnel/health records must have the release authorization in Section III of the SF 180 signed by the member or legal guardian, but if the appropriate signature cannot be obtained, only limited types of information can be provided. If the former member is deceased, surviving next of kin may, under certain circumstances, be entitled to greater access to a deceased veteran's records than a member of the public. The next of kin may be any of the following: unremarried surviving spouse, father, mother, son, daughter, sister, or brother. Employers and others needing proof of military service are expected to accept the information shown on documents issued by the military service departments at the time a service member is separated.
- 3. Where reply may be sent. The reply may be sent to the member or any other address designated by the member or other authorized requester.
- 4. Charges for service. There is no charge for most services provided to members or their surviving next of kin. A nominal fee is charged for certain types of service. In most instances service fees cannot be determined in advance. If your request involves a service fee, you will be notified as soon as that determination is made.
- 5. Health and personnel records. Health records of persons on active duty are generally kept at the local servicing clinic, and usually are available from the Department of Veterans Affairs a week or two after the last day of active duty. (See page 2 of SF180 for record locations/addresses.)
- 6. Records at the National Personnel Records Center. Note that it takes at least three months, and often up to seven, for the file to reach the National Personnel Records Center in St. Louis after the military obligation has ended (such as by discharge). If only a short time has passed, please send the inquiry to the address shown for active or current reserve members. Also, if the person has only been released from active duty but is still in a reserve status, the personnel record will stay at the location specified for reservists. A person can retain a reserve obligation for several years, even without attending meetings or receiving annual training. (See page 2 of SF180 for record locations/addresses.)
- 7. Definitions and abbreviations. DISCHARGED -- the individual has no current military status; HEALTH -- Records of physical examinations, dental treatment, and outpatient medical treatment received while in a duty status (does not include records of treatment while hospitalized); TDRL Temporary Disability Retired List.
- 8. Service completed before World War I. National Archives Trust Fund (NATF) forms must be used to request these records. Obtain the forms by e-mail from inquire@nara.gov or write to the Code 6 address on page 2 of the SF 180.

PRIVACY ACT OF 1974 COMPLIANCE INFORMATION

The following information is provided in accordance with 5 U.S.C. 552a(e)(3) and applies to this form. Authority for collection of the information is 44 U.S.C. 2907, 3101, and 3103, and Public Law 104-134 (April 26, 1996), as amended in title 31, section 7701. Disclosure of the information is voluntary. If the requested information is not provided, it may delay servicing your inquiry because the facility servicing the service member's record may not have all of the information needed to locate it. The purpose of the information on this form is to assist the facility servicing the records (see the address list) in locating the correct military service record(s) or information to answer your inquiry. This form is then filed in the requested military service record as a record of disclosure. The form may also be disclosed to Department of Defense components, the Department of Veterans Affairs, the Department of Homeland Security (DHS, U.S. Coast Guard), or the National Archives and Records Administration when the original custodian of the military health and personnel records transfers all or part of those records to that agency. If the service member was a member of the National Guard, the form may also be disclosed to the Adjutant General of the appropriate state, District of Columbia, or Puerto Rico, where he or she served.

PAPERWORK REDUCTION ACT PUBLIC BURDEN STATEMENT

Public burden reporting for this collection of information is estimated to be five minutes per response, including time for reviewing instructions and completing and reviewing the collection of information. Send comments regarding the burden estimate or any other aspect of the collection of information, including suggestions for reducing this burden, to National Archives and Records Administration (NHP), 8601 Adelphi Road, College Park, MD 20740-6001. DO NOT SEND COMPLETED FORMS TO THIS ADDRESS. SEND COMPLETED FORMS AS INDICATED IN THE ADDRESS LIST ON PAGE 2 OF THE SF 180.

REQUEST PERTAINING TO MILITARY RECORDS

To ensure the best possible service, please thoroughly review the accompanying instructions before filling out this form. Please print clearly or type. If you need more space, use plain paper.

	SECTION I - INFORMAT	TION NEED	DED TO				as possible)	
1. NAME USED	DURING SERVICE (last, first, ar			CIAL SECURITY NO.	3. DATE O		4. PLACE OF BIRTH	
5. SERVICE , PAST AND PRESENT (For an effective records search, it is important that all service be shown below.) SERVICE NUMBER DATES OF SERVICE CHECK ONE DURING THIS PERIOD								
	BRANCH OF SERVICE	DATE ENT		DATE RELEASED	OFFICER	ENLISTED	(If unknown, write "unknown")	
a. ACTIVE SERVICE								
b. RESERVE								
SERVICE								
c. NATIONAL GUARD								
6 IS THIS PERS	ON DECEASED? If "YES" enter	the date of de	eath	7 IS (WAS) T	THIS PERSON	RETIRED FR	OM MILITARY SERVICE?	
NO	_	i die date of de		7. 15 (WAS) 1	NO NO	Y		
	SECTION II -	INFORM	ATION	AND/OR DOCU	UMENTS I	REQUESTI	ED	
sent to the veter period of service	an, the deceased veteran's next	of kin, or oth e branch, ther	er perso	ns or organizations if	authorized in	ı Section III, b	military service. A copy may be selow. NOTE: If more than one show EACH year that a Report of	
An U	NDELETED Report of Separat	ion is requeste	ed for the	e year(s)				
	enlistment eligibility code, sepa						, authority for separation, reason ordinarily required to determine	
A DE	LETED Report of Separation is	requested for	the yea	r(s)				
_	information will be deleted fi SPN) code, and for separations at					•	, reenlistment eligibility code,	
2. OTHER INF	ORMATION AND/OR DOCU	MENTS RE	QUEST	ED				
3. PURPOSE (Optional – An explanation of the	purpose of th	ie reque:	st is strictly voluntary.	Such inform	ation may help	the agency answering this	
request to provid	e the best possible response and	will in no way	y be used	d to make a decision to	deny the req	uest.)		
	SECTI	ON III - R	ETUR	N ADDRESS AN	D SIGNAT	TURE		
1. REQUESTER	RIS:							
Militz	ary service member or veteran iden	tified in Sectio	m I, abov	re Leg	gal guardian (n	nust submit copy	y of court appointment)	
Next :	of kin of deceased veteran	(relation)		Oti	ner (specify)			
2. SEND INFOR	RMATION/DOCUMENTS TO:			3. AUTHO	RIZATION	SIGNATURE	REQUIRED (See item 2 on	
(Please print or	type. See item 3 on accompanyin	g instructions.,)		r the laws of t	the United State	tify, verify, or state) under penalty is of America that the information	
Name				Signature (Pl	ease do not pr	int.)		
Street		-	Apt.	Date of this req	uest	Daytime phone	1	
City	State	Zip Co	ode	Email address			RESET	

This form is available at http://www.archives.gov/research/order/standard-form-180.pdf on the National Archives and Records Administration (NARA) web site.

LOCATION OF MILITARY RECORDS

The various categories of military service records are described in the chart below. For each category there is a code number which indicates the address at the bottom of the page to which this request should be sent. Please refer to the Instruction and Information Sheet accompanying this form as needed.

		ADDRESS CODE		
BRANCH	CURRENT STATUS OF SERVICE MEMBER	Personnel Record	Health Record	
	Discharged, deceased, or retired before 5/1/1994	14	14	
	Discharged, deceased, or retired 5/1/1994 - 9/30/2004	14	11	
AIR	Discharged, deceased, or retired on or after 10/1/2004	1	11	
FORCE	Active (including National Guard on active duty in the Air Force), TDRL, or general officers retired with pay	1]	
	Reserve, retired reserve in nonpay status, current National Guard officers not on active duty in the Air Force, or National Guard released from active duty in the Air Force	2		
	Current National Guard enlisted not on active duty in the Air Force	13		
	Discharge , deceased, or retired before 1/1/1898	6		
COAST	Discharged, deceased, or retired 1/1/1898 - 3/31/1998	14	14	
GUARD	Discharged, deceased, or retired on or after 4/1/1998	14	11	
	Active, reserve, or TDRL	3		
	Discharged, deceased, or retired before 1/1/1905	6		
	Discharged, deceased, or retired 1/1/1905 - 4/30/1994	14	14	
MARINE	Discharged, deceased, or retired 5/1/1994 - 12/31/1998	14	11	
CORPS	Discharged, deceased, or retired on or after 1/1/1999	4	11	
	Individual Ready Reserve or Fleet Marine Corps Reserve	5		
	Active, Selected Marine Corps Reserve, TDRL	4		
	Discharged, deceased, or retired before 11/1/1912 (enlisted) or before 7/1/1917 (officer)	6		
	Discharged, deceased, or retired 11/1/1912 - 10/15/1992 (enlisted) or 7/1/1917 - 10/15/1992 (officer)	14	14	
	Discharged, deceased, or retired 10/16/1992 - 9/30/2002	14	11	
	Discharged, deceased, or retired on or after 10/1/2002	7	11	
ARMY	Reserve; or active duty records of current National Guard members who performed service in the U.S. Army before 7/1/1972	7		
ALGII	Active enlisted (including National Guard on active duty in the U.S. Army) or TDRL enlisted	9		
	Active officers (including National Guard on active duty in the U.S. Army) or TDRL officers	8		
	Current National Guard enlisted not on active duty in Army (including records of Army active duty performed after 6/30/1972)	13		
	Current National Guard officers not on active duty in Army (including records of Army active duty performed after 6/30/1972)	12		
	Discharged, deceased, or retired before 1/1/1886 (enlisted) or before 1/1/1903 (officer)	6		
	Discharged, deceased, or retired 1/1/1886 - 1/30/1994 (enlisted) or 1/1/1903 - 1/30/1994 (officer)	14	14	
NAVY	Discharged, deceased, or retired 1/31/1994 - 12/31/1994	14	11	
	Discharged, deceased, or retired on or after 1/1/1995	10	11	
	Active, reserve, or TDRL	10		
PHS	Public Health Service - Commissioned Corps officers only	15		

ADDRESS LIST OF CUSTODIANS (BY CODE NUMBERS SHOWN ABOVE) - Where to write/send this form

1	Air Force Personnel Center HQ AFPC/DPSRP 550 C Street West, Suite 19 Randolph AFB, TX 78150-4721	6	National Archives & Records Administration Old Military and Civil Records (NWCTB-Military) Textual Services Division 700 Pennsylvania Ave., N.W. Washington, DC 20408-0001	11	Department of Veterans Affairs Records Management Center P.O. Box 5020 St. Louis, MO 63115-5020
2	Air Reserve Personnel Center /DSMR HQ ARPC/DPSSA/B 6760 E. Irvington Place, Suite 4600 Denver, CO 80280-4600	7	U.S. Army Human Resources Command ATTN: AHRC-PAV-V 1 Reserve Way St. Louis, MO 63132-5200	12	Army National Guard Readiness Center NGB-ARP 111 S. George Mason Dr. Arlington, VA 22204-1382
3	Commander, CGPC-adm-3 USCG Personnel Command 4200 Wilson Blvd., Suite 1100 Arlington, VA 22203-1804	8	U.S. Army Human Resources Command ATTN: AHRC-MSR 200 Stovall Street Alexandria, VA 22332-0444	13	The Adjutant General (of the appropriate state, DC, or Puerto Rico)
4	Headquarters U.S. Marine Corps Personnel Management Support Branch (MMSB-10) 2008 Elliot Road Quantico, VA 22134-5030	9	Commander USAEREC ATTN: PCRE-F 8899 E. 56th St. Indianapolis, IN 46249-5301	14	National Personnel Records Center (Military Personnel Records) 9700 Page Ave. St. Louis, MO 63132-5100
5	Marine Corps Reserve Support Command (Code MMI) 15303 Andrews Road	10	Navy Personnel Command (PERS-312) 5720 Integrity Drive Millington TN 38055-3130	15	Division of Commissioned Corps Officer Support ATTN: Records Officer 1101 Wooton Parkway, Plaza Level, Suite 100

ATTENTION APPLICANTS

THE LARGE BLUE
BOOK
MUST BE SIGNED,
DATED
& NOTARIZED

SEE PAGE 69

HUMAN RESOURCES FAX NUMBERS

(202)619-7479

(202)619-7090



NATIONAL PARK SERVICE UNITED STATES PARK POLICE

Headquarters 1100 Ohio Drive, S.W. Washington, D.C. 2002

IN REPLY REFER TO

PHYSICIAN'S CONSENT FORM

Dr	_	
Police. Prior to the offer of physician's fitness assessm	employment, all applicants m	ent with the United States Park nust successfully complete a
consists of five measures of through subcutaneous fat measured by negotiating a	f physical fitness including: b folds; flexibility, determined time obstacle course; muscu	ency Battery (PEB). The PEB body composition, determined I by a sit and reach test; agility, lar strength, determined with measured by a timed 1.5 mile
		ation that you determine is e of your patient and <u>not</u> the
I have examined the individu	ual named above and determin	ned that he/she:
Is cleared to partici	pate in all aspects of the Phys	sical Efficiency Battery.
<u> </u>	rticipate in all aspects of the F	
<u> </u>	rticipate ili ali aspects di tile r	Physical Efficiency Battery.
Physician Comments:		
		
Physician's Printed Name	Physician's Signature	Date
	Office Telephone Number	(w/ area code)
Complete Mailing Address	_	



NATIONAL PARK SERVICE UNITED STATES PARK POLICE

Headquarters 1100 Ohio Drive, S.W. Washington, D.C. 2002

PHYSICAL EFFICIENCY BATTERY "WAIVER"

	I that I am required to undergo and meet the iciency Battery (PEB) test as part of the entrance ed States Park Police Officer.
I have no known medical conditions that exercise.	at prevent me from participating in the PEB
	It I am required to meet a 70% efficiency score f the PEB is a failure of the entire PEB test.
Date of my last medical examination:	
Name and address of my medical docto	or:
What was the purpose of your last medical examination:	
Are there any medical conditions we ne	eed to be aware of?
YES or NO (Circle One) If yes, expla	nin: (attach documentation as needed)
Signature	Date

Revised 12/04

Selection Process

One of the most difficult challenges for both candidates and recruits are the physical requirements of the Police Officer examination and the Police Academy. Physical conditioning is stressed because of the physical demands placed upon officers in the field.

YOU MUST pass the physical fitness battery of tests to proceed to the next phase. The PEB consists of the following steps:

- 1. **Body Composition Standard** Three skin fold measurements taken:
 - From Men: Chest Abdomen and Thigh
 - From Women: Triceps, Abdomen and Thigh
- 2. <u>Body Weight Pushed Standard</u> Muscular strength determined with <u>ONE</u> maximal repetition chest press. Applicant will have **five (5) attempts**
- 3. <u>Trunk Flexion Standards</u> Flexibility determined by seated forward flexion (sit and reach) evaluation. Applicant will have **two (2) attempts**
- 4. <u>Agility Run Standards</u> Agility measured by negotiating a timed obstacle course (Illinois agility course). Applicant will have **two (2) attempts**
- 5. <u>1.5 Mile Run Standard</u> Cardiovascular endurance measured with a timed 1.5 mile walk/run. Applicant will have **one** (1) attempt

Body Fat Standards						
Efficiency Score		9 Years / Fat %	30 - 39 Years Body Fat %		40 - 50+ Years Body Fat %	
	Male	Female	Male	Female	Male	Female
100	7	14	9	16	11	18
95	9.2	16.2	11.2	18.2	13.2	20.2
90	11.4	18.4	13.4	20.4	15.4	22.4
85	13.6	20.6	15.6	22.6	17.6	24.6
80	15.8	22.8	17.8	24.8	19.8	26.8
75	18	25	20	27	22	29
70	20.2	27.2	22.2	29.2	24.2	31.2
65	22.4	29.4	24.4	31.4	26.4	33.4
60	24.6	31.6	26.6	33.6	28.6	35.6
55	26.8	33.8	28.8	35.8	30.8	37.7
50	28	36	31	38	30	40

	Sit & Reach Standards							
Efficiency	20 - 2	9 Years	30 - 3	9 Years	40 - 50+ Years			
Score	Trunk	Flex (IN)	Trunk	Flex (IN)	Trunk	k Flex (IN)		
	Male	Female	Male	Female	Male	Female		
100	25	26	24	25	23	24		
95	24	25	23	24	22	23		
90	23	24	22	23	21	22		
85	21	22	20	21	19	20		
80	19	20	18	19	17	18		
75	15	16	14	15	13	14		
70	11	12	10	11	9	10		
65	7	8	6	7	5	6		
60	3	4	2	3	1	2		

Bench Press Standards							
	20 - 2	9 Years	30 - 3	9 Years	40 - 50	40 - 50+ Years	
	% o	f Body	% o	% of Body		f Body	
Efficiency	W	eight	W	eight	Weight		
Score	Pι	shed	Pu	shed	Pu	shed	
	Male	Female	Male	Female	Male	Female	
100	135	87.8	130	84.5	125	81.3	
95	125	81.3	120	78	115	74.8	
90	115	74.8	110	71.5	105	68.3	
85	105	68.3	100	65	85	61.8	
80	85	61.8	90	58.5	85	55.3	
75	85	55.3	80	52	75	48.8	
70	75	48.8	70	45.5	65	42.3	
65	65	42.3	60	39	55	35.8	
60	65	35.8	50	32.5	45	29.3	
55	45	29.3	40	26	35	22.8	
50	35	22.8	30	19.5	25	16.3	

Agility Run Standards						
Efficiency Score	20 - 29 Years Agility Time (Seconds)		30 - 39 Years Agility Time (Seconds)		40 - 50+ Years Agility Time (Seconds)	
	Male	Female	Male	Female	Male	Female
100	15.9	17.8	16.4	18.9	17.35	20.55
95	16.4	18.35	16.85	19.45	17.8	21.1
90	16.8	18.9	17.3	20	18.25	21.65
85	17.3	19.45	17.75	20.55	18.7	22.2
80	17.7	20	18.2	21.1	19.15	22.75
75	18.2	20.55	18.65	21.65	19.6	23.3
70	18.6	21.1	19.1	22.2	20.05	23.85
65	19.1	21.65	19.55	22.75	20.5	24.4
60	19.5	22.2	20	23.3	20.95	24.95
55	20	22.75	20.45	23.85	21.4	25.5
50	20.4	23.3	20.9	24.4	21.85	26.05

1.5 Mile Run						
Efficiency Score	20 - 29 Years 1.5 Mile Run (Minutes)		30 - 39 Years 1.5 Mile Run (Minutes)		40 - 50+ Years 1.5 Mile Run (Minutes)	
	Male	Female	Male	Female	Male	Female
100	9:00	10:48	10:00	12:00	11:00	13:12
95	9:55	11:53	10:55	13:05	11:55	14:17
90	10:50	12:58	11:50	14:10	12:50	15:22
85	11:45	14:03	12:45	15:15	13:45	16:27
80	12:40	15:08	13:40	16:20	14:40	17:32
75	13:35	16:13	14:35	17:25	15:35	18:37
70	14:30	17:18	15:30	18:30	16:30	19:42
65	15:25	18:23	16:25	19:35	17:25	20:47
60	16:20	19:28	17:20	20:40	18:20	21:52
55	17:15	20:33	18:15	21:45	19:15	22:57
50	18:10	21:38	19:10	22:50	20:10	24:02



NATIONAL PARK SERVICE UNITED STATES PARK POLICE

Headquarters 1100 Ohio Drive, S.W. Washington, D.C. 20024

INFORMATION RELEASE FORM

TO WHOM IT MAY CONCERN	DATE:
Personnel Management to cor my suitability for employment that this permission includes irregardless of the confident authorization is extended to in	authorize the United States Park Police or the Office of induct a full field investigation into my background to determine t as an officer with the United States Park Police. I understand access to and review of any and all records concerning myselfiality or whether they are of public or private nature. This include any and all medical records concerning my physical and ecific intent to provide access to all my personal records and ersonal or confidential.
be used to determine my su	ation ascertain or developed through the use of this release will uitability as an officer with the United States Park Police. I usal to grant this authorization will constitute a basis for
	RDING DISCLOSURE OF YOUR SOCIAL SECURITY NDER PUBLIC LAW 93-579 SECTION 7(b)
processes that you are seeking, is authorized under provisions of as an identifier throughout your be used primarily to identify you used by the OPM and other Federyou from your former employers information gathered through the administration processes carried notices of systems of records. The statistical studies of personnel must be large number of present and and birth dates, and whose identifications are seeking.	security number (SSN) is mandatory to obtain the services, benefits, or Solicitation of the SSN by the Office of Personnel Management (OPM) of Executive Order 9397, dated November 23, 1943. The SSN is used Federal career from the time of application through retirement. It will records that you file with the OPM or agencies. The SSN also will be eval agencies in connection with lawful requests for information about a sequence of the number will be used only as necessary in personnel dout in accordance with the established regulations and published he SSN also will be used for the selections of persons to be included in lanagement matters. The use of the SSN is made necessary because of a former Federal employees and applicants who have identical names differ the SSN.
SUBSCRIBED BEFORE ME T	HISDAY SIGNED
OF	200 SOCIAL SECURITY NUMBER:
(NOTARY PUBLIC)	
My commission expires (SEAL)	
	This form is valid for 1 year from date of notary

USDI, NPS, USPP, FORM 72 (2/90)

Release to Obtain a Credit Report

Fair Credit Reporting Act of 1970, as amended

Please take notice that at one or more consumer credit reports may be obtained for employment purposes pursuant to the Fair Credit Reporting Act, as amended, 15 U.S.C. Section 1681, et. Seq. Should a decision be made not to offer you employment, based either in whole or in part on the consumer credit report, the consumer reporting agency that provided the report played no role In the agency's decision to take such adverse action.

Information provided by you on this form will be furnished to a consumer reporting agency in order to obtain information in connection with an investigation to determine your:

- 1. Fitness for Federal employment
- 2. Clearance to perform contractual service for the Federal Government, and/or
- 3. Security clearance or access

The information obtained may be divulged to other Federal agencies for the purposes and in fulfillment of official responsibilities to the extent that law permits such disclosure.

I hereby authorize the United States Park Police to obtain such report(s) from any consumer/credit-reporting agency for employment purposes.

Print Full Name:		
Signature:	Date:	

(Please complete back of form)

Subject Information

Last name:	
First name:	
Middle Name:	
SFX- (i.e. Jr. Sr. I, II, III)	
SSN:	
DOB:	
Home Tel. #:	
Employer Name:	
Current occupation:	
Current home address to include zip code:	
Former home address to include zip code:	

Because of similarities in name, your social security number is needed to keep accurate records. Executive Order 9397 also asks that Federal agencies use the SSN number to help identify individuals in agency records.



WHY I WANT TO BE A UNITED STATES PARK POLICE OFFICER

DIRECTIONS FOR ESSAY Personal History Statement

(Part XVI, page 63-67).

YOU MUST WRITE IN YOUR OWN HANDWRITING, an essay of at least 200 words on why you want to be a United States Park Police Officer. You may include any information you feel is important, but you must address the topics listed below.

Your essay will be evaluated on your ability to write and your ability to express ideas clearly by using correct grammar and spelling. Please be sure to write legibly.

Use only one side of each page of the Personal History Statement section identified for this purpose (Part XVI, page 63-67). Please print your name, applicant number and date on each page.

Essay points:

- 1. Explain the main reasons for your interest in becoming a United States Park Police Officer.
- 2. Describe when and how you first became interested in becoming an officer.
- 3. Describe why you think you would make a good police officer (i.e. personal characteristics, skills or abilities you possess that are vital and important for the job.
- 4. Describe the characteristics of police work you believe are both favorable and unfavorable.



NATIONAL PARK SERVICE UNITED STATES PARK POLICE

Headquarters 1100 Ohio Drive, S.W. Washington, D.C. 20024

December 19, 2007

Memorandum

To:

All U.S. Park Police Applicants

From:

Commander, Human Resources Office

Subject:

Disqualification for Misdemeanor Convictions for Domestic Violence

There has been a change in the law pertaining to possession of firearms or ammunition. On September 30, 1996, Title 18 U.S.C. Section 922 (g) (9) took effect, making it a felony for anyone who has been convicted of a misdemeanor crime of domestic violence to possess a firearm or ammunition. Thus, any law enforcement officer and other government employees who have been convicted of a domestic violence misdemeanor may not lawfully possess or receive firearms or ammunition for any purpose, including performance of their official duties.

Attached to this memorandum is a qualification inquiry that must be completed and returned to the Human Resources representative processing your investigative forms. Failure to provide the requested information will result in automatic disqualification as an applicant with the United States Park Police. If you have any questions pertaining to this legislation, please contact Sergeant Steven R. Somers at (202)619-7056.

Michael O'Sullivan

Human Resources Officer

Trustad O Sale

Certification:

To resolve any question of whether you are affected by the statute, that is, whether you have ever been convicted of a misdemeanor crime of domestic violence within the meaning of the statute, you should contact a United States Park Police Personnel representative or a private attorney.

1. Have you ever been convicted of a misdemeanor crime of domestic violence?

Please answer the following questions:

	YES	NO	NOT SURE
Fu	ll Signature and Date		
2.	If you answered "YES" to twith respect to the conviction		ovide the following information
	Court/Jurisdiction:		
	Docket/Case Number: _		
	Statute/Charge:		
	Date Sentenced:		
3.	If you answered "YES" to or have you been pardoned		conviction expunged or set aside
	YES	NO	
Fu	ll Signature and Date		
AF	PPLICANT'S FULL NAME (PRINT)	
ΑF	PPLICANT'S FUL SIGNATU		
TIZ	ITNESS' SIGNATURE & DA	ATE	